



# Mt. Vernon Voices

*AAUW advances equity for women and girls through,  
advocacy, education, philanthropy, and research.*

## Presidents' Corner



How inspiring and refreshing it has been to watch the Olympics and the landing of "Curiosity" on Mars, especially after a summer of draught, derecho, and dismal political ads. Both the Olympics and the Mars landing prove that people can cooperate and do amazing things. We can be proud of the number of women on the American Olympic Team and of the number of medals they have won. However, the jubilant faces at Mission Control after the Mars landing were mainly those of men. Clearly, women need to be better represented in the sciences.

Many thanks are due to **Louise Meade** for hosting our June planning brunch in her beautiful home. What a wonderful meeting it was! Ideas swirled around the room like tornados in Kansas. With so much useful input from so many members, **Ericka Kinsey** and **Joanne Clark** have mapped out a year's program of opportunities for all of us to learn and to grow and to do some good.

We have in addition to the program, new interest groups: **STEM** (encouraging high

school girls to enter the fields of Science/Technology/Engineering/Mathematics)/GEMS (Girls in Elementary Math and Science)/MAGIC (Mid-Atlantic Girls Collaborative) headed by **Lois Passman** and **Patsy Quick**; **Sex Trafficking** headed by **Jeanne Gayler** and **Mary Ellen Mehler**; **Elder Issues** headed by **Sharon Forrest** and **Joanna Crane**; **Nutrition**, headed by **DeJuana Jones**; and **Alternative Travel for Women**, headed by **Saundra Prince**. **Elizabeth Lonoff** is developing a **list of resources** to be shared with AAUW regarding STEM. Contact the people named if you want to get involved.

Thanks are due also to outgoing board members, Co-President **Saundra Prince**, Membership Vice President **Kelly Morris**, and Public Policy Chair **Gerry Pratsch**, for all their work for the branch. **Edith Bartlett** has stepped up to take the office of Membership Vice President. The posts of Co-President and Public Policy Chair are open to willing workers. **Betty Demarest** will assist **Elizabeth Lonoff** with Dining Out activities.

(Continued page 2)

**SEPTEMBER  
20**

**Kick-off  
Dinner**

**PEMA'S  
8430 Richmond  
Highway  
\$20**

**6:30 pm**

## It's Kick Off Time: Thursday, September 20



### ***Kick Off the New Year and Make a Difference!***

**Welcome to the 2012-13 Program Year for the Mt. Vernon Branch!** We know you're eager to meet up with friends, so join us at the annual Kick-Off meeting on Thursday, September 20<sup>th</sup>, 6:30 p.m. at Pema's Restaurant (8430 Richmond Highway, Alexandria). The cost for the Italian meal is \$20. This covers an appetizer (choice of bruchetta or an antipasto salad), one entrée (options are Angel Hair pasta dish, Chicken Marsala, or Veal Parmegiana), and coffee, tea, or soft drink. You may purchase alcoholic beverages or a dessert separately at the restaurant.

You expressed interest in STEM initiatives at the June planning meeting. Our speaker, Elizabeth Vandenburg, will describe a number of opportunities. Hopefully we can select one and become involved.

Please make your check for \$20 to AAUW-Mt. Vernon Branch. Send your check and reservation slip (page 4) to Ericka Kinsey, 7041 Quander Rd., Alexandria, VA 22307 **by Tuesday, Sept. 18<sup>th</sup>**. Please call Ericka if you have any questions (703-660-0713).

***See you there!***

## Presidents' Corner (continued from page 1)

At our August board meeting, **Edith Appel** talked about the need to support AAUW Programs (baskets for checks will be at the kickoff).

**Louise Meade** presented the needs of Good Shepherd Housing and Family Services. The \$500 we gave Good Shepherd last year enabled one of their clients to take a course in medical terminology, part of a certification program in medical coding and billing. Our recipient earned an "A" and looks forward to a better future. Since we also like to help fund UCM's Help the Homeless, the decision on apportioning our Community Outreach was tabled for a future vote.

**Barbara Mann's** ideas for managing the size of emails were read and discussed. They include: 1) avoid using Reply All; 2) send mail with recipients in the bcc (blind carbon copy) field instead of the cc field; and 3) highlight and delete cc names before forwarding emails.

**Shirley Richey** has revived the telephone tree as a means of reminding members to come to scheduled branch activities. So we hope to see you at the activities you have helped to shape.

*Cathy Krebs*

**AAUW dues were due June 30. If you neglected to send in your dues, please bring a check with you to the Kick-off Dinner, pay online at [www.aauw.org](http://www.aauw.org), or send \$77 to**

**Treasurer, Trish Smith, 11806 Robertson Farm Circle,  
Fairfax, VA 22030**

## 2012-2013 Branch Board Members

<p><b><u>Co-Presidents:</u></b> Cathy Krebs 703/765-2751 catherinekkrebs@yahoo.com</p> <p><b><u>Program Vice Presidents:</u></b> Ericka Kinsey 703/660-0713 ekinsey@cox.net Joanne Clark 703/768-8996 jclark@meridian.org</p> <p><b><u>Membership Vice President:</u></b> Edie Bartlett 703/780-6809 redsse@aol.com</p> <p><b><u>Treasurer:</u></b> Trish Smith 703/803-0252 trish-smith@cox.net</p> <p><b><u>Secretary:</u></b> Mary Beth O'Donnell 703/765-4908 maryo25@verizon.net Shirley Richey(sub) 703/780-0834 shirley97@verizon.net</p>	<p><b><u>Communications:</u></b> Patsy Quick 703/360-8678 pnquick@cox.net</p> <p><b><u>Newsletter/Directory Distribution</u></b> Cynthia Gindlesperger 703/619-5262 uli_g@verizon.net Mary Ellen Mehler 703/780-8494 memehler@msn.com</p> <p><b><u>AAUW Funds:</u></b> Edith Appel 703/780-3343 djaea@cox.net Joanne Malkin 703/360-7725 jbmalkin@verizon.net</p> <p><b><u>Public Policy:</u></b> <b>VACANT</b></p> <p><b><u>International Affairs:</u></b> Joanne Clark 703/768-8996 jclark@meridian.org</p>	<p><b><u>Bylaws:</u></b> Elaine Kolish 703/360-7319 dmfedk@cox.net</p> <p><b><u>Hospitality:</u></b> Joanne Malkin 703/360-7725 jbmalkin@verizon.net Shirley Richey 703/960-9017 shirley97@verizon.net</p> <p><b><u>Nominating Committee Chair</u></b> Lois Passman 703/780-4236 LMPassman@msn.com</p> <p><b><u>Book Group:</u></b> Edith Appel 703/-80-3343 djaea@cox.net</p> <p><b><u>Dining Out:</u></b> Elizabeth Lonoff 703/765-2634 elonoff@msn.com Betty Demarest 703/329-1335</p>
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## September 20 PEMA'S Reservation Form

Please make your reservation for the Kick-off Dinner by September 18.

Mail Check for \$20 per person to (made out to Mt. Vernon AAUW) :

**Ericka Kinsey**  
**7041 Quander Road**  
**Alexandria, VA 22307**

### MENU

***Appetizer:*** Choice of bruchetta or an antipasto salad,

***Entrée*** : Options are Angel Hair pasta dish, Chicken Marsala, or Veal Parmegiana,  
Coffee, tea, or soft drink are included.

You may purchase alcoholic beverages or a dessert separately at the restaurant.

I, \_\_\_\_\_, *will attend the Kick-off Dinner*

*My Choice of Appetizer is* \_\_\_\_\_

*My choice of Entrée is* \_\_\_\_\_

\_\_\_ *Enclosed is my check for \$20.*

## Contributing to AAUW Funds

Traditionally, our branch collects contributions to the **Legal Advocacy fund (LAF)** at our September Kick-Off meeting.

LAF supports the protection of the legal rights of those who are facing discrimination in the workplace and on campus. Pay equity, paid leave and sexual harassment are examples of issues addressed by LAF. Programs include legal case support, Case Support Travel Grants and Campus Outreach programs. Sexual abuse and Title IX compliance are a focus in high schools and colleges.

In the past we have suggested a contribution of at least \$5 per member. Our total has always exceeded that amount and has placed our branch among the top LAF contributors in the state. Checks should be made out to **AAUW FUNDS**. In the "**For**" line at the bottom of the check please put **Mt. Vernon Branch #3999**. ALL CONTRIBUTIONS ARE TAX DEDUCTIBLE. Place your check in the basket

labeled LAF on the table near the door.

The **Educational Opportunities Fund** supports education and learning opportunities that give women a chance for a lifetime of success. Last year we contributed \$2000 from our General Fund to this cause. In addition, some of our members made individual TAX DEDUCTIBLE contributions. If you wish to do so, make your check out to **AAUW FUNDS** and in the "**For**" line at the bottom of the check put **Mt. Vernon Branch #4336**. There also will be a basket for these checks.

*For those unable to contribute at the September meeting, checks can be mailed to:*

**Edith Appel, 9313 Boothe Street, Alexandria**  
**22309**

## Book Group

September is the Planning Potluck Dinner for book group. Don't forget to send Edith Appel your book suggestions.

Please bring a potluck dish to share.

**DATE:** Monday, September 10, 6:30 pm

**HOSTESS:** Ebba Jo Spettel

3003 Cunningham Dr..  
Alexandria, 22309



**CO-HOSTESS:** Louise Meade

RSVP to Louise whether or not you are coming. Let her know the dish you plan to bring.

703/ 960-0073 meadelt@cox.net

## Game Night

**Game Night is on September 28 at Edie Bartlett's home.**

We welcome any members and significant others who wish to join us for a fun evening of various games and light snacks. If you would like to participate, contact **Barbara Mann** via email at [speech.solutions@verizon.net](mailto:speech.solutions@verizon.net).

Edie will send an email to participants prior to the evening to get a head count and game preferences. Join us! We have a lot of fun!

Edie's address is 3204 Batter Sea Lane.



## How About a Field Trip?

**The National Museum of Women in the Arts has an exhibit from September 7 through Jan. 6 that sounds like FUN!**

*Women Who Rock: Vision, Passion, Power* is a provocative exhibition that illustrates the importance of women in the world of popular music from the 1920s to present day. It highlights the flashpoints, the firsts, the best, and the celebrated and sometimes lesser-known women whose artistry advanced the progress of rock-and-roll music. Featuring more than 250 artifacts and performance videos, the exhibition moves through rock-and-roll eras, demonstrating how women have been engines of creation and change.

Check it out at <http://www.nmwa.org/exhibitions/women-who-rock>.

If you are interested in going, seeing the exhibit, and having lunch some time in October, or later, please contact Patsy Quick at [pnquick@cox.net](mailto:pnquick@cox.net). We can plan a time that works for all.

**The McLean branch of the American Association of University women will hold its 43rd Used Book Sale September 14-16, 2012, at the Mclean Community Center, 1234 Ingleside Ave in McLean, VA.**

**Friday Sept 14 9-7**

**Saturday Sept 15 10-6**

**Sunday Sept 16 12-4**

Over 40,000 used books, CD's and DVD's will be offered for sale.

On Sunday most books are \$7.00 a bag.

The proceeds go to scholarships and fellowships for women.



## Joanne's Beading Class June 10



Beautiful jewelry was made by 8 branch members who met at **Trish Smith's** house for a beading session by **Joanne Clark** on June 10. Trish provided a delicious light lunch and wine. It was all great fun!



## State Leadership Training August 18

On August 18, in Charlottesville, AAUW of Virginia held a Leadership Training for state branch members. Cathy Krebs, Shirley Richie, Edie Bartlett, and Patsy Quick attended. Patsy led a session on Communication Tools. There was a great crowd, and the energy from 52 like-minded women was palpable!



## SAVE THE DATE

AAUW Northern District meeting will be **October 13, 2012** from 10 am to 1:30 pm.

Location: **Burke Centre Library**  
5935 Freds Oak Road  
Burke, VA 22015

Guest Speaker: **Attorney Susan L. Burke**

Ms. Burke is spearheading three lawsuits against the Department of Defense, Former Secretaries of Defense **Rumsfeld** and **Panetta**, and the military services to reform how the U.S. military prosecutes rape and sexual assault cases. She is featured in the documentary "**The Invisible War**", which was voted Sundance Film Festival Fan Favorite.

AAUW supports these lawsuits through the Legal Advocacy Fund (LAF) case-support program.

More information to follow but put the meeting in your calendar **TODAY**.

## HAVE YOU Visited Sewall-Belmont House and Museum ?

The Sewall-Belmont House and Museum was the fifth National Woman's Party (NWP) headquarters and has the **most complete collection of suffragist artifacts** in the United States. The museum is located at 144 Constitution Ave NE (near Union Station metro) and is open Wednesday-Sunday 12-5 pm. For more information, go to [www.sewallbelmont.org](http://www.sewallbelmont.org).

Sandy Lawrence, Northern District Representative

[slawrence4@juno.com](mailto:slawrence4@juno.com)



## AAUW Public Policy e-Publications (Free!)

**Washington Update:** A weekly e-bulletin that offers an insider's view on the legislative process, the latest policy news, resources for advocates, programming ideas, and updates from the Public Policy and Government Relations Department.

**Members can subscribe. (At [www.aauw.org](http://www.aauw.org) click on LEARN then Publications.)**

**AAUW Action Network:** Receive urgent e-mail notices to contact your members of Congress, find detailed information on legislation currently under consideration, and write letters to the editor of your local paper.

**Subscribe (by clicking on ACT, then Public Policy and Advocacy at [www.aauw.org](http://www.aauw.org) or click on Take Action link at [www.aauwofva.org](http://www.aauwofva.org) under Public Policy.)**

**AAUW Dialog: Discussion, Information, Advocacy Log.** This is a type of blog written by staff and guests on a variety of topics. The "essays" are usually short and timely. There is a comment section at the end of each post. At [www.aauw.org](http://www.aauw.org) click on **blog**. It takes you to the most recent posts. Once there you can click and subscribe to have a notice of the posts sent to your email. From your email, you click and it takes you to AAUW Dialog. **Anyone can subscribe.**



# 2012-2013 Mt. Vernon Branch Program Year

## MT. VERNON AAUW 2012-2013 Schedule of Meetings and Activities Branch Theme: *Making a Difference*

Meeting Date and Place	Focus/Activity
Thursday, September 20, 2012 6:30 p.m. Pema's Restaurant 8430 Richmond Hwy	Annual Kickoff Meeting Introduction to STEM Initiatives Speaker: Elizabeth Vandenburg
Thursday, October 11 7:00 p.m. Mt. Vernon Hospital Engineering Rm 2 <sup>nd</sup> floor	Human Sex Trafficking in Virginia
Thursday, November 15, 2012 7:00 p.m. Mt. Vernon Gov't. Center	Nutrition and Food Quality
Saturday, December 8, 2012 11:30 a.m. Mt. Vernon Country Club	Holiday Luncheon Presenter: Student recipients of AAUW grants
Thursday, January 17, 2013 7:00 p.m. Place: Mt. Vernon Gov't. Center	Senior Scams Presenter: Joanna Crane (DOJ)
Thursday, February 21, 2013 7:00 p.m. Mt. Vernon Gov't. Center	Be Your Own Sweetheart: Alternative Travel Fun Presenter: June Malina (People to People International)
Tuesday, March 12, 2013 Reception: 7:00 p.m. Play: 8:00 p.m. Little Theatre of Alexandria	LITTLE THEATER FUNDRAISER "Dial M for Murder"
Thursday, March 21, 2013 7:00 p.m. Mt. Vernon Gov't Center	STEMS/GEMS—A Wider Focus
Saturday, April 20, 2013 9:15 a.m. Mt. Vernon Country Club	Annual Meeting
Thursday, May 16, 2013 6:30 p.m. TBD	Branch Potluck Dinner
Saturday, June 8, 2013 9:30 a.m. Place TBD	Planning Meeting

**Other important dates:** April 13, 2013, One-day AAUW of Virginia Conference, Richmond  
June 9-12, 2013, AAUW National Convention, New Orleans

## AAUW Mt Vernon

Cynthia Gindlesperger  
915 Neal Drive  
Alexandria, VA 22308

[www.aauwofva.org](http://www.aauwofva.org)

## First Class



- **4 Board Meeting, 7:30**  
Cathy Krebs' home  
703/765-2751
- **10 Book Group, 6:30**  
Call Louise Meade  
703/960-0073
- **20 Kick-off Dinner, 6:30**  
Pema's Restaurant  
Call Ericka Kinsey  
703/660-0713
- **28 Game Night, 7:30**  
Call Barbara Mann  
703/360-7725

# September 2012

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Board Meeting	5	6	7	8
9	10 Book Group	11	12	13	14	15
16	17	18	19	20 Kick-off Dinner	21	22
23	24	25	26	27	28 Game Night	29
30						