



# Mt. Vernon Voices

*AAUW advances equity for women and girls through,  
advocacy, education, philanthropy, and research.*

## President's Corner



A recent crossword clue was: "imperative first word in a holiday carol."

The answer worked out to be:

"adeste" which translates to **"come!"** So, regarding our branch's annual holiday luncheon, please do **come!** It will be at the Mount Vernon Country Club on Saturday, December 8, at Noon, and the more the merrier. (See details elsewhere in this publication.-) We will continue our tradition of collecting non-perishable food items to give to United Community Ministries, so bring some canned or boxed foods. Thanks. We will also have a basket for contributions to the Turning Point Suffragist Memorial which is to be built at the site of the former Occoquan Workhouse. There, in 1917, 70 suffragists were imprisoned and the reports of the torture and abuse they were subjected to electrified the nation and served as the "turning point" for passage of the 19<sup>th</sup> Amendment, recognizing that women have the right to vote. AAUW of Virginia estimates that if every member contrib-

utes one dollar, we can raise the \$1000 needed to get our organization's name chiseled in the stone wall. Considering our name, AAUW should go near the top!

Our branch is so lucky. We have honest-to-goodness wonder women who arrange wonderful programs. Consider all the new information we have received from our speakers on STEM, sex trafficking in Virginia, and nutrition and food quality, and we can look forward to more. We are grateful to all who make good things happen.

Treasurer **Trish Smith** warns that we continue to spend down our once robust balance. Does anyone have a good idea for a successful and painless fundraiser? If so, contact Trish or me.

We now have 54 members. Our newest member, **Sandy Sterne**, learned about us from the website that **Patsy Quick** set up.

**Elaine Kolish** has earned the right to our deepest appreciation. She amended our bylaws to correspond with national's amended bylaws. Hurrah for Elaine!

*(Continued on page 2)*

**DECEMBER  
8**

**Holiday  
Luncheon**

**Mt. Vernon  
Country Club  
5111 Old Mill  
Road**

**Noon**

**\$29**

## Holiday Luncheon, December 8

**HOLIDAY LUNCHEON, SATURDAY, DECEMBER 8**

**MT. VERNON COUNTRY CLUB**

**12:00 Noon - 2:00pm**

Come one, come all to the Mt. Vernon Branch's annual holiday luncheon, this year at the Mt. Vernon Country Club beginning at noon. We have a delicious menu and the cost is \$29.00, which includes tax and gratuity. Join us and start the holiday season with AAUW friends

**Fill out and mail the reservation form on page 2  
by November 30.**

**The menu is as follows:**

**Appetizer choices:**

Tomato Basil soup  
OR  
House Salad

**Entrée Choices:**

Roasted Pork Loin  
Apples and Pearl Onions, Grilled Polenta and Steamed Broccoli  
OR  
Grilled Citrus Chicken Breast  
Penne Pasta Primavera

**Dessert**

Ice Cream Sunday Bar

## President's Corner (continued from page 1)

**Edith Appel** reports that our branch has donated over \$3000 to AAUW, with portions going to the following funds: Educational Opportunities, Legal Advocacy, and the Eleanor Roosevelt fund. The Legal Advocacy fund is assisting in the fight against rape in the military, which is the subject of the film, *The Invisible War*. Did you know that AAUW is a huge source of support for grants and fellowships for women? The Eleanor Roosevelt fund supports AAUW research reports, e.g., "How Schools

Shortchange Girls."

Let's come together at the holiday lunch on December 8 and look forward to a New Year filled with opportunities to make a positive difference in our community. Hope to see you there.

*Cathy Krebs*

### HOLIDAY LUNCHEON RESERVATION FORM

Please make your selection (see page 1) below and mail this slip with your check.

Name \_\_\_\_\_

soup\_\_\_ salad\_\_\_ Pork Loin\_\_\_ Grilled Chicken\_\_\_

Mail check made to *Mt. Vernon AAUW* for \$29.00

**BY NOVEMBER 30** to

Joanne Clark at:  
6607 10th Street, Apt. A2  
Alexandria, VA 22307

Clip and  
mail!

## 2012-2013 Branch Board Members

### Co-Presidents:

Cathy Krebs 703/765-2751  
catherinekkrebs@yahoo.com

### Program Vice Presidents:

Ericka Kinsey 703/660-0713  
erickakinsey@gmail.com  
Joanne Clark 703/768-8996  
jclark@meridian.org

### Membership Vice President:

Edie Bartlett 703/780-6809  
redsse@aol.com

### Treasurer:

Trish Smith 703/803-0252  
trish-smith@cox.net

### Secretary:

Mary Beth O'Donnell 703/765-4908  
maryo25@verizon.net  
Shirley Richey (sub) 03/780-0834  
shirley97@verizon.net

### Communications:

Patsy Quick 703/360-8678  
pnquick@cox.net

### Newsletter/Directory Distribution

Cynthia Gindlesperger 703/619-5262  
uli\_g@verizon.net  
Mary Ellen Mehler 703/780-8494  
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### AAUW Funds:

Edith Appel 703/780-3343  
djaea@cox.net  
Joanne Malkin 703/360-7725  
jbmalkin@verizon.net

### Public Policy:

**VACANT**

### International Affairs:

Joanne Clark 703/768-8996  
jclark@meridian.org

### Bylaws:

Elaine Kolish 703/360-7319  
dmfedk@cox.net

### Hospitality:

Joanne Malkin 703/360-7725  
jbmalkin@verizon.net  
Shirley Richey 703/960-9017  
shirley97@verizon.net

### Nominating Committee Chair

Lois Passman 703/780-4236  
LMPassman@msn.com

### Book Group:

Edith Appel 703/780-3343  
djaea@cox.net

### Dining Out:

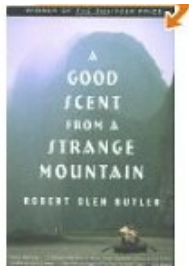
Elizabeth Lonoff 202/564-1607  
elonoff@msn.com  
Betty Demarest 703/329-1335  
ejdema@gmail.com

## Book Group

Please notify the hostess whether or not you plan to attend. Please bring a \$5 , wrapped gift to exchange.

**DATE:** Monday, December 17, 7:30 pm

**HOSTESS:** Louise Meade  
5902 Mt. Eagle Drive #1414  
Alexandria, 22303  
meadelt@cox.net



**Book:** A Good Scent from a Strange Mountain

by Robert Olen Butler

**Reviewer:** Joanna Crane

**Next Book:** The Sense of an Ending  
by Julian Barnes

**CO-HOSTESS:** Joanne Clark

## Game Night

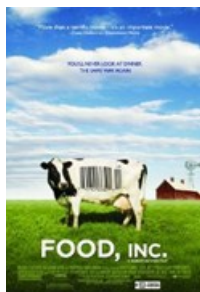
Happy Holidays everyone!

After our November 30 event, the next Game Night is January 25.

Details will be in the next newsletter.



## Were You There on November 15?



On November 15, at the Heritage Presbyterian Church, approximately **45 people** attended our branch presentation of the documentary *Food Inc.* Most stayed for the panel discussion afterwards. In the film documentary filmmaker Robert Kenner uses reports by Fast Food Nation author Eric Schlosser and The Omnivore's Dilemma author Michael Pollan as a springboard to exploring where the food we purchase at the grocery store really comes from, and what it means for the health of future generations.

On our panel (photo, left to right) were Christopher Johnson, naturopathic doctor; Hope Warshaw, dietician and diabetes consultant; Edouard E. Sooh, food supplement representative; and James Bourne, organic farmer. The panelists described their specialty and commented briefly on the film, then answered audience questions.

Many thanks go to **DeJuana Jones**, far right in the photo, who planned the successful program. Thanks go to **Joanne Malkin**, **Shirley Richey**, and **DeJuana Jones** who provided delicious healthy snacks for the attendees.

This program was a follow-up to the field trip to Arcadia

Center for Sustainable Agriculture at Woodlawn Plantation in October, arranged by **Joanne Clark**.

Five branch members participated in Dining Out on November 12, and continued the theme of healthy eating by dining at Del Ray Café. Del Ray Café is a French café serving local, natural and organic foods. Lunch was delicious and everyone agreed we would have to return. Thanks to **Elizabeth Lonoff** who planned the outing.



## Gourmet, Too



The Gourmet, Too group is a combination of Mt. Vernon and Alexandria Branch members. We meet approximately 4 times per year. The dinners are theme based and participants each bring a dish. Seating is limited to 10 diners. Our next dinner will be on Saturday, January 26<sup>th</sup>. The theme is French and it will be held at the home of Shirley Richey in the Mt. Vernon area. If you would like to attend, please contact Shirley at 703-780-0934, or [shirley97@verizon.net](mailto:shirley97@verizon.net).

## Thank You!

Thanks to Mt. Vernon Branch members, we have sent have \$3111 to the AAUW Funds from our branch. At our September Kick-Off dinner we collected \$540 in individual contributions for LAF and \$205 for the Educational Opportunities Fund. In addition, we contributed \$1000 to the Eleanor Roosevelt Fund and \$1000 to the Educational Opportunities Fund, both from our Branch Budget. To date, \$366 has been sent directly to national by individual members of our branch.

The AAUW fiscal year ends December 31st. Therefore, it is not too late to donate to AAUW Funds, if you have not already done so. Please send checks to **Edith Appel** at 9312 Boothe Street, Alexandria 22309. Make your check out to AAUW Funds and on the "For" line on the bottom of your check indicate the number of the Fund, #3999 for LAF, #4336 for the Educational Opportunities Fund, or indicate any other Fund you wish to support, and be sure to put Mt. Vernon Branch at the bottom of your check.

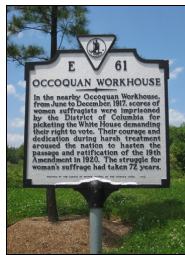
Thanks for your contributions!

**Edith Appel** and **Joanne Malkin**, Branch Co-Chairs for AAUW Funds



## Turning Point: Give a Dollar

**Fairfax County, Virginia**, is the site of possibly the most significant moment in the fight for women's suffrage in the United States. In 1917, more than 70 suffragists were imprisoned in the Occoquan Workhouse, then part of the Lorton Prison complex, in retaliation for picketing the Woodrow Wilson White House for the right to vote. The reports of inhumane conditions, beatings and force-feeding at the workhouse electrified the country and became the "turning point" in the struggle for the 19th Amendment.



The Turning Point Suffragist Memorial Committee is working with the Northern Virginia Regional Park Authority (NVRPA) to raise funds to erect a suffragist memorial to commemorate the struggle of these women and educate future generations.

**Individuals and organizations who donate \$1000 or more will have their names placed on a wall of honor at the sight of the memorial. AAUW of Virginia is asking every branch member to donate a \$1 towards this effort so that our support of the Suffragist Memorial can be acknowledged. Mt. Vernon Branch is delighted to participate. At our December Luncheon, a basket will be available for Mt. Vernon Branch members to drop in one dollar. Opportunities like this will be presented throughout the year. The money we collect will be sent to AAUW of Virginia as part of the larger donation to be made by the state organization.**

AAUW of Virginia is also encouraging branches to present a program on the Turning Point Memorial. Mt. Vernon Branch (ahead of the game) did that a couple of years ago. We know that support for this project in our branch will be high!

## Where Does AAUW Stand?



Visit the website at <http://aauw.org>  
for more information.

AAUW **supports a balanced approach** to prevent the fiscal cliff. If the automatic spending cuts known as sequestration occur, programs supporting educational opportunities, women's health, and civil rights would suffer massive funding cuts. In terms of the tax changes that make up the fiscal cliff, AAUW **opposes** an extension or expansion of the Social Security payroll tax holiday. Reducing the payroll tax rate breaches Social Security's guaranteed funding stream and forces it to rely on general funding transfers, setting a dangerous economic and political precedent and threatening Social Security's long-term solvency. AAUW looks forward to working with Congress and the administration to resolve the fiscal cliff in a balanced way that promotes and protects education, civil rights, and women's rights.

### Defense Department Launches Review of Military Ethics Training

Defense Secretary Leon Panetta has ordered a review of military ethics training to discover why so many scandals have come from top military officials. The Department said the review was planned before the revelation of the recent scandal involving former CIA director Gen. David Petraeus and Commander of U.S. and NATO forces in Afghanistan Gen. John Allen. Panetta said he expects to be able to report the results and recommendations to President Obama by December 1.

### Upcoming Branch Event

January 17  
Branch Meeting: Senior Scams



Tickets for our March 12th fundraiser, Dial M for Murder, at the Little Theatre of Alexandria will be available in December!

Tickets will be mailed to members in late January or early February. Look for email asking how many tickets you would like.

Contact Patsy Quick for more information:  
[pnquick@cox.net](mailto:pnquick@cox.net) 703/360-8678

### Welcome to new member, Sandra Sterne!

Sandra graduated from Woman's College of UNC in 1963 and from JMU with a MA Ed in 1996. From George Mason University, she earned a MA Teaching in 2000. She became a National Board Certified Teacher in 2002.

Sandra is an elementary school librarian in Arlington, VA. She is the co-author of a children's biography: *The Forgotten Ride of Jack Jouett Jr.*, Fox Hound Press.

Sandra has 2 sons and 3 grandchildren. She is an avid gardener, cook, traveler and reader.



# 2012-2013 Mt. Vernon Branch Program Year

## **MT. VERNON AAUW** **2012-2013 Schedule of Meetings and Activities** **Branch Theme: *Making a Difference***

<b>Meeting Date and Place</b>	<b>Focus/Activity</b>
Saturday, December 8, 2012 Noon Mt. Vernon Country Club	<b>Holiday Luncheon</b> Presenter: Student recipients of AAUW grants
Thursday, January 17, 2013 7:00 p.m. Place: Mt. Vernon Gov't. Center	<b>Senior Scams</b> Presenter: Lisa Schifferle, Attorney Federal Trade Commission
Thursday, February 21, 2013 7:00 p.m. Mt. Vernon Gov't. Center	<b>Be Your Own Sweetheart: Alternative Travel Fun</b> Presenter: June Malina (People to People International)
Tuesday, March 12, 2013 Reception: 7:00 p.m. Play: 8:00 p.m. Little Theatre of Alexandria	<b>LITTLE THEATER FUNDRAISER</b> "Dial M for Murder"
Thursday, March 21, 2013 7:00 p.m. Heritage Pres. Church	<b>Documentary: Invisible Wars</b> Holly Kearl, AAUW LAF manager, to answer questions after
Saturday, April 20, 2013 9:15 a.m. Mt. Vernon Country Club	<b>Annual Meeting</b>
Thursday, May 16, 2013 6:30 p.m. TBD	<b>Branch Potluck Dinner</b>
Saturday, June 8, 2013 9:30 a.m. Place TBD	<b>Planning Meeting</b>

### **Other important dates:**

February 6, 2013 - Richmond - LWV/AAUW State Lobby Day

April 13, 2013, One-day AAUW of Virginia Conference, Richmond

June 9-12, 2013, AAUW National Convention, New Orleans

## AAUW Mt Vernon

Cynthia Gindlesperger  
915 Neal Drive  
Alexandria, VA 22308

[www.aauwofva.org](http://www.aauwofva.org)  
[mtvernonva.aauw.net](http://mtvernonva.aauw.net)

## First Class



- **4 Board Meeting, 7:30**  
Cathy Krebs' home  
703/765-2751
- **8 Holiday Luncheon Noon**  
Mt. Vernon Country Club  
5111 Old Mill Road  
Call Joanne Clark  
703/768-8996
- **17 Book Group, 7:30**  
Call Louise Meade  
703/960-0073

# December 2012

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Board Meeting	5	6	7	8 Holiday Lunch
9 	10	11	12	13	14	15
16	17 Book Group	18	19	20	21 Winter Begins	22
23 30	24 31	25 	26	27	28	29