

MT. VERNON VOICES

AAUW advances equity for women and girls through,
advocacy, education, philanthropy, and research.

Volume 56 Issue 9 May 2013
AAUW Mt Vernon



PRESIDENT'S CORNER



AAUW is **not** an anachronism. It is a vibrant organization of more or less like-minded women who care about women's issues. There are many reasons why women join AAUW.

Some like a book group where men do not dominate the discussion. Others like to get involved in seeking solutions to community problems. Whatever the reason for joining, there is strength in numbers. Together, we can make things happen.

Our Mount Vernon Branch is a remarkable group of wonderful, competent, intelligent

women. Yet too often it's the same people who accept the responsibility for keeping the branch running so very well. If you really value your membership in this organization, please let your light shine in it. You have talents that need to be used.

Congratulations and deepest appreciation to **Mary Ellen Mehler** who agreed to run as Co-President and was elected at the Annual Meeting. We still need another Co-President to share the job.

What about you?

Cathy Krebs

POTLUCK DINNER, MAY 16

RELAX, ENJOY THE COMPANY AND THE FOOD!

**Our Annual Potluck Dinner will be held on Thursday, May 16,
6:30 PM.**

3204 Battersea Lane (in Riverside Estates)

It's time to pull out your favorite potluck recipe in preparation for our annual potluck dinner! Edie Bartlett has graciously agreed to host the festivities at her home on Thursday, May 16, beginning at 6:30 pm.

Edie will provide ham and turkey breast, as well as plates, cups, and utensils. Please respond to Edie (redsse@aol.com) and Ericka (erickakinsey@gmail.com) with the name of the dish you plan to bring.

**Please RSVP with your potluck contribution by Sunday, May 12.
See you there!**

If you have any questions, please call Ericka Kinsey at 703-660-0713 or Edie Bartlett at 703-780-6809.

**MAY 16
THURSDAY**

**Annual
Potluck Dinner**

**Edie Bartlett's
Home**

6:30 PM

**Bring your
favorite dish!**



Thanks to **Louise Meade**, those who came had a lovely brunch at Mt. Vernon Country Club. Thanks are due also to Co Program Vice Presidents, **Ericka Kinsey** and **Joanne Clark**, for keeping a head count, and to Treasurer **Trish Smith** for keeping track of the money.

Where ever most of you were, we missed you and your input. Out of fifty-five members, eighteen members paid to attend, but only sixteen came. The weather cooperated, and we did have a quorum.

(Please see Treasurer Trish Smith's separate report on the proceeds from the Little Theater fundraiser, and the positive votes on the dues increase and the budget for next year.)

Mary Ellen Mehler presented the options for the upcoming Lottery for the Little Theater of Alexandria's 2013-2014 Season. Our first choice will be the musical, Ragtime, on a date in January/February, 2014. The second choice is Boeing Boeing in May 2014, and third choice is Plaza Suite in June, 2014.

Joanne Clark proposed to conduct a beading workshop/fundraiser on May 19, 2013, and a jewelry sales fundraiser, with more information to come.

Joanne Malkin reported on AAUW Funds allocation and presented certificates to honorees.

Ericka Kinsey and **Joanne Clark** conducted member surveys regarding recommendations for next year's program.

Lois Passman presented the slate of officers for the coming two-year term: **Co-President, Mary Ellen Mehler; Co-Vice Presidents for Program, Joanne Clark and Joanna Crane; Secretary, Shirley Richey**. The candidates were approved by unanimous vote. We appreciate their generous agreement to serve. A volunteer to serve as Co-President will be welcome. Please contact Lois.

Edith Appel, who is leaving the board after being an officer since she joined in about 1994, received heartfelt thanks from all of us. As Public Policy Chair for years, Edith wrote pages and pages of national, state, and local news, before we were linked online. More recently, she has been meticulous in keeping track of (now combined) AAUW Funds.

Ericka Kinsey was also thanked for her service as Co-Vice President for Program.

BRANCH LEADERSHIP 2012 – 2013

<p><u>Co-Presidents:</u> Cathy Krebs 703/765-2751 catherinekkrebs@yahoo.com</p>	<p><u>Communications:</u> Patsy Quick 703/360-8678 pnquick@cox.net</p>	<p><u>Bylaws:</u> VACANT</p>
<p><u>Program Vice Presidents:</u> Ericka Kinsey 703/660-0713 erickakinsey@gmail.com Joanne Clark 703/768-8996 jclark@meridian.org</p>	<p><u>Newletter/Directory Distribution</u> Cynthia Gindlesperger 703/619-5262 uli_g@verizon.net Mary Ellen Mehler 703/780-8494 memehler@msn.com</p>	<p><u>Hospitality:</u> Joanne Malkin 703/360-7725 jbmalkin@verizon.net Shirley Richey 703/960-9017 shirley97@verizon.net</p>
<p><u>Membership Vice President:</u> Edie Bartlett 703/780-6809 redsse@aol.com</p>	<p><u>AAUW Funds:</u> Edith Appel 703/644-3970 djaea2425@gmail.com</p>	<p><u>Nominating Committee Chair</u> Lois Passman 703/781-7626 LMPassman@msn.com</p>
<p><u>Treasurer:</u> Trish Smith 703/803-0252 trish-smith@cox.net</p>	<p>Joanne Malkin 703/360-7725 jbmalkin@verizon.net</p>	<p><u>Book Group:</u> Louise Meade 703/960-0073 meadelt@cox.net Edith Appel 703/644-3970 djaea2425@gmail.com</p>
<p><u>Secretary:</u> Mary Beth O'Donnell 703/765-4908 maryo25@verizon.net Shirley Richey (sub) 03/780-0834 shirley97@verizon.net</p>	<p><u>Public Policy:</u> VACANT</p> <p><u>International Affairs:</u> Joanne Clark 703/768-8996 jclark@meridian.org</p>	<p><u>Dining Out:</u> Elizabeth Lonoff 202/564-1607 elonoff@msn.com Betty Demarest 703/329-1335 ejdema@gmail.com</p>

BOOK GROUP

Please notify the hostess whether or not you plan to attend.

DATE: Monday, May 20, 7:30 pm

HOSTESS: **Liz Promen**
2210 Cavendish Drive
Alexandria, 22308
epromen@cox.net



Book: The Paris Wife by Paula McClain
and A Moveable Feast by Ernest
Hemingway

Reviewer: **Joanne Clark**

Next Book: The Language of Flowers
by Vanessa Diffenbaugh

CO-HOSTESS: **Mary Ellen Mehler**

GAME NIGHT

Game Night

May 31, 2013

7:30 PM

Edie Bartlett's Home / Watch for email.



Join us for light snacks and fun! Contact **Barbara Mann** if you would like to join the group.
speech.solutions@verizon.net

NOTES: AAUW STATE CONFERENCE

CATHY KREBS

1. As of March 25, 2013, AAUW of Virginia membership totaled 1,311 branch members and 1,061 National Members in the state, for a grand total of 2,372.
2. The Keynote Speaker was **Dr. Karen Remly**, former VA State Commissioner of Health. She reported some good news. Life expectancy in VA has gone up since 1950 when it was 55, with positive changes influenced by government interventions regarding clean water, immunizations, seat belts, etc. Cancer and heart problems are declining. Suicide and drug related deaths are increasing. Stroke is still a problem. Lung cancer in older women is increasing. (How many of us smoked in college?) Infant mortality needs to be lower.
Free advice from Dr. Remley: Control your blood pressure. Lose weight, eat a Mediterranean Diet. Get your Blood Pressure checked at a pharmacy where it's free and you go there more frequently than a doctor's office. Lower your salt intake. Practice moderation in everything.
3. Our own **Patsy Quick**, known outside our branch as the AAUW State Vice President for Communications earned praise for co-presenting the workshop, Count Us

- In: Become a Website Wonder.
4. AAUW Vice President **Patricia Fae Ho** and VA State President **Caroline Pickens** conducted the workshop, Skinning the Cat: Many Ways to Lead. If traditional branch leadership positions are hard to fill, they suggest alternative models for running a branch, e.g., by Coordinating Committee, or by Task Force, or by Skills Team. Such alternatives do require much brain storming as one size does not fit all, and they require an amendment to the bylaws.
 5. The next VA State Conference will be held April 4 – 6, 2014, at Smith Mountain Lake. Our VA Northern District will host the 2016 State Conference.
 6. Thank you to all who donated fiber bags. They are now on their way to Africa to counter plastic bag pollution.



DUES REPORT

TRISH SMITH, TREASURER

At the April 20, 2013 AAUW Mount Vernon Branch Annual meeting members approved a branch membership dues increase for 2013-2014 fiscal year. **Annual branch dues will increase from \$13 to \$26 effective July 1, 2013.**

Members can renew their branch dues at the current rate of \$13 until June 30, 2013. You may renew your membership online at www.aauw.org or send a check to Trish Smith. Checks must be received by June 30 to qualify for the 2012-13 membership rates.

2013-14 Total Dues:

The rate below applies until 6/30/2013
National: \$49 (100% tax deductible)
State: \$15
Branch: \$13
Total: \$77

The rate below applies July 1, 2013
National: \$49 (100% tax deductible)
State: \$15
Branch: \$26
Total: \$90.



For questions, please contact Trish Smith, Treasurer at trish-smith@cox.net or 703.803.0252.
Mail dues check to: Trish Smith, 11806 Robertson Farm Circle, Fairfax, VA 22030.

Little Theatre of Alexandria Fundraiser Final Results

Our PROFIT from this year's fundraiser was \$2,998.34. Thank you to everyone who helped make this fundraiser such a success!

On May 4, two members of the branch will be present at the "lottery" for the selection of next year's play at the Little Theatre of Alexandria. From the profit above, a deposit will be paid for that play.

VOTE!

CATHY KREBS

There are two important AAUW elections coming up. It is easy to vote online, so we hope you will VOTE!

AAUW of Virginia Slate:

Sally Sledge, Norfolk, for State VP for Membership & Branch Dev.

Nancy Thompson, Reston Herndon, for State VP for Finance

Sherry Warren, Portsmouth, for State Recording Secretary

Voting Period: May 1 – end of May.

Details: *Virginia Vision*, Winter/Spring 2013 issue. VA vote is by paper ballot unless member has opted for online. In 2012, VA AAUW mailed out 922 paper ballots and only 142 were cast. Save trees and money and vote online.

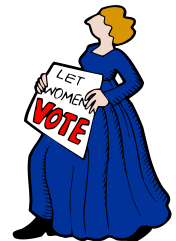
AAUW National Slate:

Candidates for President, VP, 10 Directors, plus Resolutions, Bylaws amendments, and additions to Public Policy Program

Voting Period: April 15 – June 10, online.

Use your member ID and the voter PIN that was emailed to you by AAUW Executive Director, Linda Hallman, on April 8, 2013.

Details: *Outlook*, Spring/Summer 2013 issue, and online. AAUW vote is online. A paper ballot must be requested by May 2, 2013.



2012-2013 MT. VERNON BRANCH PROGRAM YEAR

MT. VERNON AAUW 2012-2013 Schedule of Meetings and Activities Branch Theme: *Making a Difference*

Meeting Date and Place	Focus/Activity
Thursday, May 16, 2013 6:30 p.m. Edie Bartlett's Home	Branch Potluck Dinner
Saturday, June 8, 2013 9:30 a.m. Mary Ellen Mehler's Home	Planning Meeting

May 16, 2013, Federal Lobby Day, Washington, D.C.
June 9-12, 2013, AAUW National Convention, New Orleans

2013-2014 AAUW MT VERNON BRANCH	
Budget: Approved 4.20.2013	
Branch dues - 55 members @ \$26 each	\$ 1,430.00
2014 Fundraiser profit	\$ 2,200.00
Monies from reserve	\$ 155.00
Total Income	\$ 3,785.00
Newsletter/Directory	\$ 40.00
Membership recruitment	\$ 25.00
Program meeting costs	\$ 150.00
Postage	\$ 50.00
Sunshine fund	\$ 100.00
State & National convention	\$ 350.00
AAUW Funds contribution	\$ 2,000.00
Community Outreach	\$ 1,000.00
Bank Service Fee	\$ 30.00
Charitable solicitation registration	\$ 30.00
Northern District Dues	\$ 10.00
Total Expenses	\$ 3,785.00

2013-14 Budget Approved

To the left is the Mt. Vernon Branch Budget (provided by Trish Smith, Treasurer) that was approved by the quorum of members at the Annual Meeting on April 20.

Federal Lobby Day: Do you have a spare bedroom?

Save **Thursday, May 16, 2013** for **Federal Lobby Day at Capitol Hill**. Members will team up with Lobby Corp members to visit Republican and Democratic congressional offices to advocate for an AAUW issue. I hope we have a great Northern District turnout like we had for State Lobby Day. Also I'm hoping Northern District members will offer housing for those members coming from out of town to lobby. If you have a spare bedroom or need more information on Lobby Day, contact **Susan Eisenberg**, Co-Vice President for Public Policy, at va.aauw@gmail.com.

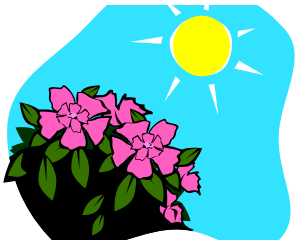
Sandy Lawrence
Northern District Representative
slawrence4@juno.com

AAUW Mt Vernon

Cynthia Gindlesperger
915 Neal Drive
Alexandria, VA 22308

www.aauwofva.org
mtvernon-va.aauw.net

First Class



- **7 Board Meeting, 7:30**
Call Cathy Krebs
703/765-2751
- **16 Potluck Dinner, 6:30**
Call Edie Bartlett
703/780-6809
- **16 Federal Lobby Day**
Email Susan Eisenberg
va.aauw@gmail.com
- **20 Book Group, 7:30**
Call Liz Promen
703/780-7342
- **31 Game Night, 7:30**
Call Edie Bartlett
703/780-6809

MAY 2013

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 Board Meeting	8	9	10	11
12	13	14	15	16 Potluck Dinner	17	18
19	20 Book Group	21	22	23	24	25
26	27	28	29	30	31 Game Night	