

# Mt. Vernon Voices

AAUW advances gender equity for women and girls  
through research, education, and advocacy.

Volume 62 Issue 8

April 2019

Mt. Vernon Branch



## PRESIDENTS' CORNER

What a nice day we had for an **annual meeting!** With the sun in an azure sky illuminating the nearby Potomac, 22 members (twice the required quorum) and a guest came to the Cedar Knoll Restaurant for the branch's annual business meeting and brunch.



We are delighted to announce the results of the elections: **Patsy Quick** is the incoming President; **Joanne Clark** will be the Vice President for Programs; and **Paula Lettice** continues as the Secretary.

Thank you to **Lois Passman** for her seventeen years as Nominating Committee Chair.

Members approved **Paula Lettice's** minutes of last year's meeting and **Anne Simpson's** proposed budget for 2019-2020. Funds Chair **Joanne Malkin** reported that, instead of individual honorees, this year our entire Mount Vernon Branch will be the honoree because of our members' extraordinary efforts on behalf of the Equal Rights Amendment. Changing hats, **Joanne** as Co-President encouraged attendance at the AAUW Virginia State Conference in Roanoke on April 6, 2019, and at the AAUW of Virginia  
*(Continued on page 2)*

## BRANCH PROGRAM

Join Us For Our April Program

**Delegate Kathy Tran**

**2017 Gains of Women and Gender Issues Being Addressed in the Virginia Legislature**



**Kathy Tran**, Delegate for Virginia's 42<sup>nd</sup> District (Mount Vernon, Lorton, Springfield, and Fairfax Station), will be our featured speaker on **Saturday, April 27 at the Sherwood Regional Library on Sherwood Hall Road**. The program begins at 10:30 am and refreshments will be served. **Delegate Tran** will discuss the 2017 election gains by women and gender issues being addressed in the Virginia State Legislature.

Please join us – guests are welcome. Please contact **Paula Lettice** (pglettice@gmail.com) if you are coming and if you have any guests.

**Saturday  
April 27**

**10:30 AM**

\*\*\*

**Sherwood  
Regional  
Library**

**2501 Sherwood  
Hall Lane**

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**Delegate  
Kathy Tran**

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# PRESIDENTS' CORNER

(continued from front page)

Northern District Spring Meeting on April 13, 2019. She also explained the four pillars of AAUW National's strategic organization.

Program Vice President **Mary Ellen Mehler** reminded members of upcoming events: an address by Delegate Kathy Tran at Sherwood Regional Library on April 27 at 10:30 a.m.; the annual pot luck at the home of **Paula Lettice** on May 23 at 6:30 p.m.; and the planning session, a pot luck breakfast, at her home on June 8, at 9:30 a.m.

Leaders of the branch's interest groups, Book Group's **Liz Promen**, Dining Out's **Elizabeth Lonoff**, Game Night's **Bianca Daugherty**, and ImpromptEvent's **Barbara Mann** described their activities and invited those interested to join or at least visit.

Many thanks to all who have worked to make our organization great.



**Cathy Krebs and Joanne Malkin**  
Co-Presidents

More photos of the Annual Meeting are on page 4!

## BRANCH LEADERSHIP 2018 – 2019

### Elected Officers

<b>Co-Presidents:</b>	Joanne Malkin Cathy Krebs
<b>Program Vice President:</b>	Mary Ellen Mehler
<b>Membership Vice President:</b>	Shannon Dubicki
<b>Treasurer:</b>	Anne Simpson
<b>Secretary:</b>	Paula Lettice

### Appointed Chairs

<b>Bylaws:</b>	<b>vacant</b>
<b>AAUW Funds:</b>	Joanne Malkin

<b>Public Policy:</b>	Patsy Quick
<b>Newsletter/Website:</b>	Bianca Daugherty
<b>Newsletter/ Directory Distribution:</b>	Mary Ellen Mehler
<b>Nominating Committee Chair:</b>	Lois Passman
<b>Hospitality:</b>	Cathy Krebs

### Interest Groups

<b>Book Group:</b>	Liz Promen
<b>Dining Out:</b>	Elizabeth Lonoff
<b>Game Night:</b>	Bianca Daugherty
<b>ImpromptEvent:</b>	Barbara Mann

**Contact Email:** [AAUW.MtVernon@gmail.com](mailto:AAUW.MtVernon@gmail.com)

In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.

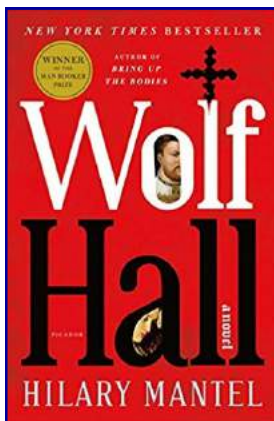
## BOOK GROUP

Please inform the hostess whether or not you plan to attend.

**DATE:** Monday, April 15, 7:30 PM

**HOSTESS:** Joanne Malkin  
8339 Orange Court.  
703/360-7725

**CO-HOST:** Barbara Mann



**BOOK:** Wolf Hall  
Hilary Mantel

**REVIEWER:** Joanna Crane

**NEXT BOOK:** Warlight  
Michael Ondaatje

## GAME NIGHT

Join us for fun and games on

Friday, April 26, 2019, 7:30 pm  
Home of Anne Simpson

Spouses and significant others are welcome!

Contact **Bianca Daugherty** if you would like to join the group  
([biancadaauw@gmail.com](mailto:biancadaauw@gmail.com))



## DINING OUT

Join Dining Out for dinner on

**Friday, May 10, 7 pm**

An early-May confirmation e-mail will distribute the limited number of seats.



1725 Duke Street, Old Town Alexandria  
(near the King Street Metro Station)  
Tel: 703/634-2720

*This new upscale French Bistro and steakhouse has an informal setting. It creatively features classical fondue and crepes, as well as locally-sourced produce and fine cheeses.*

Menu: See <http://bistrosancerre.com/dinner-menu/>

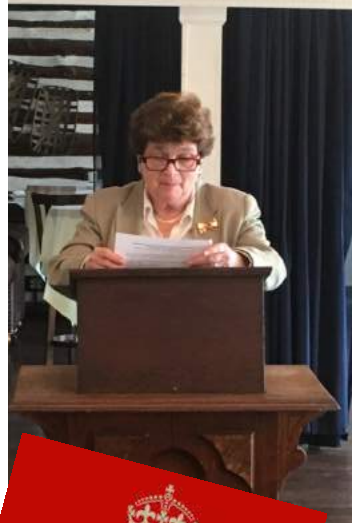
Reviews:

- <https://www.opentable.com/r/bistro-sancerre-alexandria>
- [https://www.tripadvisor.com/Restaurant\\_Review-g30226-d16200872-Reviews-Bistro\\_Sancerre-Alexandria\\_Virginia.html](https://www.tripadvisor.com/Restaurant_Review-g30226-d16200872-Reviews-Bistro_Sancerre-Alexandria_Virginia.html)
- <https://www.yelp.com/biz/bistro-sancerre-alexandria>

Please feel free to invite a family member or friend.

To participate, contact **Elizabeth Lonoff** by May 1 ([elonoff@msn.com](mailto:elonoff@msn.com)) so that our reservation can be finalized. If your plans change, please alert her so she can adjust the reservation

# ANNUAL MEETING MARCH 16



## MEET OUR SPEAKER KATHY TRAN



**Delegate Kathy Tran** and her parents fled Vietnam as boat refugees when she was just seven months old. On the voyage, she grew so sick she almost died at sea. Although many other countries offered them asylum, they waited 13 months for the United States to accept their application. **Kathy's** family risked everything to come to America because this country has always represented hope, opportunity and freedom. Now, she's fighting for the American values that brought her family here in the Virginia House of Delegates representing the people of the 42nd District in the Commonwealth of Virginia. The 42<sup>nd</sup> includes parts of Mount Vernon, Lorton, Springfield, and Fairfax Station.

**Kathy** has devoted her career to ensuring that all working families have the opportunity to achieve the American Dream. During her 12 years of service at the U.S. Department of Labor, she served in numerous leadership positions, including as the Acting Administrator for the Office of Workforce Investment and the Director of the Division of Policy, Legislation, and Regulation. In these roles, she provided strategic national leadership and technical assistance to the public workforce system, implemented the Workforce Innovation and Opportunity Act, and helped veterans acquire the job training and employment services they

needed to transition into the civilian workforce.

**Kathy** went on to work at the National Immigration Forum, one of the nation's leading immigration advocacy organizations. There, she advocated for policies that prepare immigrants in the workforce to reach their full career potential.

**Kathy** graduated from Duke University and earned her Master of Social Work from the University of Michigan. The past president of her local PTA, she and her husband Matt live in West Springfield with their four children, Daven (9.5), Charlotte (7.5), Quinn (6), and baby Elise (2). They are avid Washington Nationals fans.

### Breaking News

**Dr. Jamie Grant**, Director of Institutional Programs at the Maharishi Foundation USA, spoke about Meditation and Mindfulness at our January 19, 2019, meeting. As a result, nine AAUW members have signed up to learn more, with the first group of four having finished preliminary training day classes and another group is scheduled to begin evening training classes at the home of member **DeJuana Jones**.

**Dr. Grant** was instrumental in creating calm learning situations in otherwise disruptive classes in San Francisco schools. The Principal of local Stratford Landing School attended our meeting and is interested in Transcendental Meditation as a possible tool for improving the learning environment. **DeJuana Jones** is reaching out to the principals of local Waynewood and Carl Sandberg schools regarding teaching teachers how to meditate.

Our January meeting has created ripples of good in an expanding pond.

*Cathy Krebs*

### *Equal Pay Day is April 2*

Equal Pay Day is the symbolic day when women's earnings "catch up" to men's earnings from the previous year. It's also a powerful occasion to raise awareness about and organize action around the gender pay gap in your community. AAUW continues to advocate for strong pay equity legislation, regulation, and enforcement to protect employees and assist employers.

## NORTHERN DISTRICT SPRING MEETING

The Northern District spring meeting will take place on **Saturday, April 13** at the **Fairfax Regional Branch of the Fairfax County Library**. The meeting will begin at 1 pm.

This will be a gathering for branch presidents, program and membership VPs. It will be a workshop/discussion of what's been working well in your branch, and a chance to share ideas with other branches. Please mark your calendars now. More information will be coming as the date gets closer.



*Kate MacLeod*  
Northern District Co-Rep  
[bobmacleod@verizon.net](mailto:bobmacleod@verizon.net)

## YOUR VOTE COUNTS

Online voting for **AAUW of Virginia's One Member/One Vote** process for the election of state officers will begin **April 13**.

**One Member / One Vote**

It is very important that you cast your online vote by the **deadline of May 4** because we need a quorum of seven (7) percent of the membership for the election. If the quorum is not met, the new state officers cannot take office on July 1, 2019.

**Please take the time to vote as a responsible AAUW of Virginia member.**



Watch for your voting instructions in emails sent between March and May 2019.

Schedule of voting: **April 13:** Online voting opens

**May 4:** Online voting closes at 11:59 p.m.

**The branch with the highest percentage of members voting in the election will earn a special reward!!**

The Voter Guide is available on the state website <http://aauw-va.aauw.net/>

### ***It's time to pass the Paycheck Fairness Act!***

On March 27, the House of Representatives voted 242-187 to pass the **Paycheck Fairness Act** (PFA) with bipartisan support. This critical pay equity legislation now moves to the Senate.

**[Support the Paycheck Fairness Act!](https://www.aauw.org/what-we-do/public-policy/two-minute-activist/)** Click on this link or go to <https://www.aauw.org/what-we-do/public-policy/two-minute-activist/> to become a Two Minute Activist.

# MT VERNON BRANCH MEMBER SURVEY 2019

*The board needs your input. We would like your ideas on branch priorities and suggestions for future activities. Information from this survey will be discussed at the June 8 Planning Meeting. Please complete and bring the survey to our April or May branch meeting. You also can mail or email it to Mary Ellen Mehler (memehler@msn.com).*

Why are you a member of our Branch? (Check all that apply)

- To support national AAUW programs & policies
- Because of Mt. Vernon Branch programs/activities
- To maintain AAUW friendship
- Other (please specify) \_\_\_\_\_

1. Mark these regular Branch activities from 1 to 10 regarding their importance to YOU.  
(Those marked #10 mean very important—anything marked #1 means slight importance, etc.)

- Book Group
- Dining Out
- Game Night
- Fundraiser (Little Theatre of Alexandria)
- Monthly Branch meetings/programs
- Holiday Luncheon
- May Potluck
- Annual Meeting
- ImpromptuEvent

2. What types of programs would inspire you to attend the monthly meetings? For example, you could list specific topics or format (film screening, panel discussion, high profile speakers, etc.)

\_\_\_\_\_

3. Is transportation to monthly meetings an issue for you? If transportation were provided would you be more likely to attend?

YES  NO

4. Would you attend a new branch interest group on Sunday evenings that would eat out as a group, then attend the long-established **Great Decisions Discussion Group** held at a local church?

YES  NO  MAYBE

5. Do you have a suggestion regarding the functioning or activities of the Mt. Vernon Branch? What could we be doing better? \_\_\_\_\_

\_\_\_\_\_

6. Is our traditional Thursday night meeting schedule working for you?  Yes  No

What would be the best meeting time and place? \_\_\_\_\_

NAME \_\_\_\_\_

# 2018 - 2019 MT. VERNON BRANCH PROGRAM YEAR

Meeting Date and Place	Focus/Activity
Thursday, September 20, 2018 Gathering at 5pm; Dinner at 6 pm <b>Home of Cathy Krebs</b>	<b>Kickoff Meeting - Potluck</b>
Saturday, October 20, 2018, 1:30 pm <b>Burke Centre Library</b> 5935 Freds Oak Road, Burke, VA 22015	<b>AAUW Northern District Meeting</b>
Saturday, November 10, 2018, 2 to 4 pm <b>Heritage Presbyterian Church</b> 8503 Fort Hunt Rd, Alexandria, VA 22308	<b>AAUW Then and Now</b> <b>Suzanne Gould - AAUW Archivist and Historian</b>
Saturday, December 8, 2018, 12 noon <b>Cedar Knoll Inn</b> 9030 Lucia Lane, Alexandria, VA 22308	<b>Holiday Event - Luncheon</b>
Saturday, January 19, 2019, 2 pm <b>Heritage Presbyterian Church</b> 8503 Fort Hunt Rd, Alexandria, VA 22308	<b>Meditation and Mindfulness</b> <b>Dr. Jamie Grant</b> <b>Director Institutional Programs</b> <b>Maharishi Foundation USA</b>
Friday, February 22, 2019 7 pm Reception - 8 pm Performance <b>Little Theatre of Alexandria</b> 600 Wolfe St, Alexandria, VA 22314	<b>Little Theatre Fundraiser</b> <b>"You Can't Take It With You"</b>
Saturday, March 16, 2019, 11 am <b>Cedar Knoll Inn</b> 9030 Lucia Lane, Alexandria, VA 22308	<b>Annual Meeting and Brunch</b>
Saturday, April 27, 2019, 10:30 am Sherwood Regional Library 2501 Sherwood Hall Lane, Alexandria	<b>Delegate Kathy Tran</b>
Thursday, May 23, 2019, 6:30 pm <b>Home of Paula Lettice</b>	<b>Annual Pot Luck Dinner</b>
Saturday, June 8, 2019, 9:30 am <b>Home of Mary Ellen Mehler</b>	<b>Annual Planning Session</b>



Check out our website <https://mtvernon-va.aauw.net/>

Follow us on Facebook <https://www.facebook.com/mtvernonvaaauw/>





## AAUW Mt. Vernon

<http://aauw-va.aauw.net/>

<http://mtvernon-va.aauw.net/>

## First Class



Mt. Vernon (VA) Branch

- **22 Book Club, 7:30 pm**  
Contact Joanne Malkin  
703/360-7725

- **26 Game Night, 7:30 pm**  
Contact Anne Simpson  
301/203-0454

- **27 Branch Program, 10:30 am**  
Contact Paula Lettice  
703/780-3463



# APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 Equal Pay Day	3	4	5	6
7	8	9	10	11	12	13
14	15 Book Club	16	17	18	19	20
21	22	23	24	25	26 Game Night	27 Branch Program
28	29	30				