

# Mt. Vernon Voices

AAUW advances gender equity for women and girls  
through research, education, and advocacy.

Volume 62 Issue 10 June 2019

Mt. Vernon Branch



## PRESIDENTS' CORNER



The saying, "Many hands make light work" comes to mind. "With a little help from our friends," we have enjoyed some marvelous adventures this past

membership year.

The September potluck featured socializing over appetizers, discussing during dinner at two tables, with half of each table changing places for dessert so people could get better acquainted.

The AAUW Northern District of Virginia Meeting in October informed us about: how to combat gerrymandering; AAUW's Start Smart/Work Smart pay negotiating initiatives; and AAUW's new strategic plan. AAUW Archivist and Historian **Suzanne Gould** regaled us in November with the fascinating history of the origins of the AAUW. We were back to socializing at the Holiday Luncheon at the Cedar Knoll Inn in December.

In January we were back to thinking and writing at the ERA Postcard Write-a-thon ImpromptEvent. Later that month, **Dr. Jamie Grant**, Director of Institutional Programs at the Maharishi Foundation USA, talked about the uses of Meditation and Mindfulness to create better learning environments in public schools.

We joined with the AAUW Alexandria Branch in February for the annual Little Theatre of Alexandria fundraiser.

Together we enjoyed sweets, savories, wine and purchasing raffle tickets for baskets of interesting things, and, of course, there was a play, the comedy, "You Can't Take It With You."

In March we were back to the Cedar

Knoll Inn where we had, in addition to a lovely brunch, an election of officers and reports from the heads of our activities: Book Group – **Liz Promen**; Dining Out – **Elizabeth Lonoff**; Game Night – **Bianca Daugherty**; and ImpromptEvent – **Barbara Mann**.

Our Branch welcomed Virginia State Delegate **Kathy Tran** to our April meeting. **Del. Tran** discussed the 2017 election and the gains achieved by and for women. The Pot Luck dinner in May at the lovely home of **Paula Lettice** was a special opportunity to meet new members, greet old friends, and eat some terrific food.

To all of you, especially Program Vice President **Mary Ellen Mehler**, who contributed your time, talents, and goods to making these activities happen, a big THANK YOU! We wish you a wonderful summer and look forward to future adventures with the Mount Vernon Branch.



*Cathy Krebs and Joanne Malkin  
Co-Presidents*

Saturday  
June 8

9:30 AM

Annual  
Planning  
Session  
And  
Brunch

Home of  
Mary Ellen  
Mehler

Page 2



## Please Help Us Plan Next Year's Program

**Your Help is Needed.** On Saturday, June 8, we will meet to plan next year's monthly programs. All branch members are invited to participate in the potluck brunch and planning session.

**Saturday, June 8, 2019 at 9:30 AM**

**Home of Mary Ellen Mehler  
2002 Old Stage Road (Riverside Gardens subdivision), Alexandria, VA 22308**

**YOU BRING:**

- Ideas for program topics, speakers and locations
- Your favorite breakfast item for potluck  
(Bringing food is optional; if you haven't planned ahead, COME ANYHOW)



Please RSVP to **Mary Ellen Mehler** -- [memeher@msn.com](mailto:memeher@msn.com) or 703/780-8494

***Come all and share your ideas!***

## BRANCH LEADERSHIP 2018 – 2019

### Elected Officers

**Co-Presidents:** Joanne Malkin  
Cathy Krebs

**Program Vice President:** Mary Ellen Mehler

**Membership Vice President:** Shannon Dubicki

**Treasurer:** Anne Simpson

**Secretary:** Paula Lettice

### Appointed Chairs

**Bylaws:** **vacant**

**AAUW Funds:** Joanne Malkin

**Public Policy:** Patsy Quick

**Newsletter/Website:** Bianca Daugherty

**Newsletter/Directory Distribution:** Mary Ellen Mehler

**Nominating Committee Chair:** Lois Passman

**Hospitality:** Cathy Krebs

### Interest Groups

**Book Group:** Liz Promen

**Dining Out:** Elizabeth Lonoff

**Game Night:** Bianca Daugherty

**ImpromptEvent:** Barbara Mann

**Contact Email:** [AAUW.MtVernon@gmail.com](mailto:AAUW.MtVernon@gmail.com)

In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, or socioeconomic status.

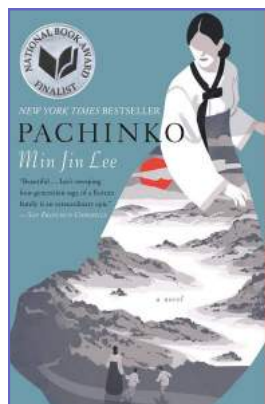
## BOOK GROUP—JUNE 17

Please inform the hostess whether or not you plan to attend.

**DATE:** Monday, June 17, 7:30 PM

**HOSTESS:** Joanna Crane  
6511 Princeton Drive  
703/718-8892

**CO-HOST:** Maureen McGuire - Kuletz



**BOOK:** Pachinko  
Min Jin Lee

**REVIEWER:** Joanne Malkin

Books for next program year will be chosen in September. Send your book recommendations to Liz Promen during the summer. (epromen@cox.net)

## GAME NIGHT—JUNE 28

Join us for fun and games on

Friday, June 28, 2019, 7:30 pm  
Home of Barbara Mann

Spouses and significant others are welcome!

Contact **Bianca Daugherty** if you would like to join the group  
([biancadaauw@gmail.com](mailto:biancadaauw@gmail.com))



## DINING OUT



Dining Out group at Bistro Sancerre on May 10, 2019  
with Chef Ravi Narayanan

*Let's dine out together  
and enjoy good food, good drink and  
good company!*

Next Dining Out will be in August for  
DC Restaurant Week!

*Watch for email information from  
Elizabeth Lonoff!*

Contact Elizabeth if you would like to  
join the group ([elonoff@msn.com](mailto:elonoff@msn.com))



## TIME TO RENEW YOUR MEMBERSHIP

**It's time to renew your AAUW membership.  
Please renew by June 30, 2019!**

As an AAUW member whose branch participates in the Membership Payment Program (MPP), you will be paying all of your dues - branch, state, and national - at once. There are two ways to renew:

### 1) To renew online

- Go to [www.aauw.org](http://www.aauw.org). Click **LOGIN** at the top of the page. Enter your **MEMBER ID** and **PASSWORD**.
- Once logged in, scroll to the bottom of the page and click **MEMBER SERVICES DATABASE** and enter MSD.
- Select **RENEW MY MEMBERSHIP** on the left side of the screen and pay with your credit or debit card.

### 2) To renew by check

Send **Anne Simpson** a check made out to Mt. Vernon AAUW for \$87.

1604 Old Drummer Boy Lane  
Fort Washington, MD 20744-4247

AAUW national dues are \$59, state dues are \$15 and branch dues are \$13. Remember that \$56 of national dues are tax deductible on itemized returns.



## WELCOME OUR NEWEST MEMBER

**Mary J Wall** is a recognized leader in the U.S. Federal Government IT and engineering services market with 30 years experience in business planning, business development, capture management, and sales management for a wide range of civil and DOD agencies. After retiring from Lockheed Martin, Mary founded a small business conducting reviews of large-scale federal IT contracts.

**Mary** joined AAUW through the Vienna Area Branch; she is a Legacy Circle member.

An active member of industry associations, **Mary** was a member of the Board of Directors of the Association for Federal Information Resources Management for 22 years. AFFIRM is a non-profit, government and industry educational organization whose goal is to improve the management of information in the federal government. **Mary** was awarded Lifetime Membership for her service to the organization.



For her activities since its organizing meeting, Women in Technology awarded Mary the *Founders Award* for her demonstrated advocacy for professional development and networking opportunities for women in IT.

As a member of the Board of Directors for the Women's Center in Vienna, VA, **Mary** worked to diversify the Center's financial support to include the IT industry and to add leadership training to support women's professional advancement.

**Mary** holds a MBA from Marymount University and a BA, with honors, from University of Maryland, College Park, MD

**Mary's** two adult sons and their families live in Reno and San Diego. She is a frequent visitor to San Diego, especially in the winter, where two of her four grandchildren live.

# POT LUCK FUN, MAY 23



Fun was had by all!  
Thank you Paula for hosting!





Dedicated to Honoring  
the Millions of Women Who Fought  
More than Seven Decades to Win  
the Vote

**Donate20By2020**

We are pleased to provide you with an opportunity to make history – help build a national monument! The courage, sacrifice and tenacity of five million quiet heroes who fought for 72 years to win the vote are the driving forces behind the Turning Point Suffragist Memorial, a visual symbol and national learning landmark to honor and commemorate their resolve and triumph.

The #Donate20By2020 campaign celebrates the greatest expansion of democracy in a single day the world has ever seen – the “Turning Point” passage of the 19th Amendment to the U.S. Constitution. #Donate20By2020 gives every woman and man the power to elevate this little-known, heroic suffrage story to its proper place in history.

Donate to celebrate a woman you love. Donate to celebrate a suffrage movement that put American women in the Constitution for the first time and continues to change lives. Contributions in any amount are welcome, but the #Donate20By2020 campaign includes special recognition – in honor or in memory – for donations of \$20 or more.

**ATTENTION Mt. Vernon Branch Members!** For a \$1000 donation you can have a name inscribed on the Turning Point Suffragist Memorial Donor Wall. AAUW of Virginia contributed over \$1000 several years ago, thanks to out of pocket donations from branch members.

Wouldn't it be great if Mt Vernon Branch raised enough money to have our name inscribed???

This memorial is in our backyard!

COULD WE DO IT?? WHAT DO YOU THINK???

If we start now, and give a little at each gathering...as much or as little as you wish...  
we could combine it and send it in the name of our branch!

Are you willing to participate? Let's talk about this at our Planning Brunch, June 8!!

Learn more: <https://suffragistmemorial.org/2020-2/>  
<https://suffragistmemorial.org/>

This is our last newsletter for the program year 2018/2019.  
"AAUW Mt Vernon Voices" will be back at the end of August.  
HAVE A GREAT SUMMER!

## Women Hurt Most by Student Loan Crisis

In the most recent AAUW Mission & Action newsletter you read:

When women take the stage to get their diplomas this spring, they'll be graduating to staggering debt. As of early 2019, women hold almost two-thirds (\$929 billion) of the country's \$1.46-trillion student debt, according to [a new analysis](#) of AAUW's report [Deeper in Debt: Women and Student Loans](#).

"Sadly, as women graduate, they are already at a significant financial disadvantage, with higher debt and lower pay in their first jobs than men," says **Kim Churches**, CEO of AAUW.

Meanwhile, the Class of '19 is the most racially and ethnically diverse U.S. college student body ever — and women comprise a growing majority of students. Women earned 57% of bachelor's degrees in 2019.

"Despite all the advances women have made in education, they still face a pay gap from the moment they graduate," says **Churches**.

### How can you help?

AAUW is encouraging all of its members, supporters, and friends to register for **Work Smart** and to take the program online. And to help reach the bold goal of getting 10 million women trained in salary negotiation by 2022, AAUW issued a "**Members Mobilize a Million**" challenge, asking everyone to share the course with at least 20 people in their network.

Take the **Work Smart** negotiation course, yourself, and spread the word.!

"We're so proud of Work Smart Online, a training tool we created with funding from the Coca-Cola Foundation and other important partners," says **Churches**.



**AAUW Work Smart online:** <https://salary.aauw.org/>

**Pass it on ...!**

## AAUW NATIONAL ELECTION

# VOTE 2019

**Election results are available!**

[View the results for the 2019 National Election](#)

<https://www.aauw.org/resource/2019-election-results/>



- Summer Leadership Meeting, Harrisonburg, July 27.
- 2020 AAUW VA Conference, Alexandria, April 17-19, Holiday Inn & Suites Old Town Alexandria

# 2018 - 2019 MT. VERNON BRANCH PROGRAM YEAR

Meeting Date and Place	Focus/Activity
Thursday, September 20, 2018 Gathering at 5pm; Dinner at 6 pm <b>Home of Cathy Krebs</b>	<b>Kickoff Meeting - Potluck</b>
Saturday, October 20, 2018, 1:30 pm <b>Burke Centre Library</b> 5935 Freds Oak Road, Burke, VA 22015	<b>AAUW Northern District Meeting</b>
Saturday, November 10, 2018, 2 to 4 pm <b>Heritage Presbyterian Church</b> 8503 Fort Hunt Rd, Alexandria, VA 22308	<b>AAUW Then and Now</b> <b>Suzanne Gould - AAUW Archivist and Historian</b>
Saturday, December 8, 2018, 12 noon <b>Cedar Knoll Inn</b> 9030 Lucia Lane, Alexandria, VA 22308	<b>Holiday Event - Luncheon</b>
Saturday, January 19, 2019, 2 pm <b>Heritage Presbyterian Church</b> 8503 Fort Hunt Rd, Alexandria, VA 22308	<b>Meditation and Mindfulness</b> <b>Dr. Jamie Grant</b> <b>Director Institutional Programs</b> <b>Maharishi Foundation USA</b>
Friday, February 22, 2019 7 pm Reception - 8 pm Performance <b>Little Theatre of Alexandria</b> 600 Wolfe St, Alexandria, VA 22314	<b>Little Theatre Fundraiser</b> <b>"You Can't Take It With You"</b>
Saturday, March 16, 2019, 11 am <b>Cedar Knoll Inn</b> 9030 Lucia Lane, Alexandria, VA 22308	<b>Annual Meeting and Brunch</b>
Saturday, April 27, 2019, 10:30 am Sherwood Regional Library 2501 Sherwood Hall Lane, Alexandria	<b>Delegate Kathy Tran</b>
Thursday, May 23, 2019, 5 to 8 pm <b>Home of Paula Lettice</b>	<b>Annual Pot Luck Dinner</b>
Saturday, June 8, 2019, 9:30 am <b>Home of Mary Ellen Mehler</b>	<b>Annual Planning Session</b>



Check out our website <https://mtvernon-va.aauw.net/>

Follow us on Facebook <https://www.facebook.com/mtvernonvaaauw/>





## AAUW Mt. Vernon

<http://aauw-va.aauw.net/>

<http://mtvernon-va.aauw.net/>

## First Class



Mt. Vernon (VA) Branch

- **8 Annual Planning Session, 9:30 am**  
Contact Mary Ellen Mehler  
703/780-8494
- **17 Book Club, 7:30 pm**  
Contact Joanna Crane  
703/718-8892
- **28 Game Night, 7:30 pm**  
Contact Barbara Mann  
703/360-3880



# JUNE 2019

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8 Annual Planning Session
9	10	11	12	13	14	15
16	17 Book Club	18	19	20	21	22
23 30	24	25	26	27	28 Game Night	29